

Pangburn High School



Comprehensive School Counseling Plan

2020-2021

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Pangburn Foundation

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Pangburn High School believes that all students can be successful both during and after high school when given the necessary tools.

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Our goal at Pangburn High School is for students to successfully manage their lives as healthy, responsible, competent and productive citizens who respect themselves and others.

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In the Pangburn High School Counseling Department, we welcome all students into a safe, caring, and goal-oriented environment filled with individualized enrichment activities and opportunities. Students will be equipped with the knowledge, skills, and support needed to achieve success in academics, college/career readiness, and social/emotional development.

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The ASCA Ethical Standards for School Counselors identify the principles of ethical behavior necessary to maintain a high standard of integrity, leadership and professionalism.

<https://www.schoolcounselor.org/asca/media/asca/Ethics/EthicalStandards2016.pdf>

ASCA Mindsets and Behaviors for Student Success: College- and Career-Readiness Standards for Every Student (2014)

<https://www.schoolcounselor.org/school-counselors/about-asca/mindsets-behaviors>

G.U.I.D.E for Life

<http://www.arkansased.gov/divisions/learning-services/guide-for-life>

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The ASCA National Model outlines the knowledge, attitudes, and skills that ensure school counselors are equipped to meet the rigorous demands of the profession.

<https://www.schoolcounselor.org/asca/media/asca/home/SCCompetencies.pdf>

Management

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Pangburn High School's school counselor will use the Arkansas Comprehensive School Counseling Self-Assessment to assess their program, reflect on potential goals, and develop future programs.

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Data is used in the school counseling program to develop the academic, career, and social/emotional needs of the student body as a whole. Data can also be evaluated on an individual or small group of students to determine if there might be a need for more intensive or frequent intervention. This type of data might include disciplinary referrals, attendance, grades, assessment scores, behavioral screeners or behavioral referrals, etc. Data is also used to evaluate the results of the comprehensive school counseling program to allow the counselor to reflect on his/her practice, make adjustments to programming as needed, and is coordinated with building level school improvement initiatives.

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The school counselor provides direct, indirect and administrative services at Pangburn High School.

Direct Services	Classroom Lessons Small Group Sessions Individual Sessions Orientation Programs for New and Transitioning Students
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	<p>Follow-Up with Graduates and Students at Risk of Dropping Out Academic Advisement and Individual Planning Individual Age-Appropriate Career Education Guidance and Vocational Decision-Making Responsive Services such as obstacles to learning, family/peer concerns, social/emotional needs, student peer helpers, crisis counseling, conflict resolution, consultation and referrals.</p>
Indirect Services	<p>Consultation Referrals Decision Making Teams such as Section 504, Response to Intervention, English Language Learners, Parental Involvement or Family Engagement, Positive Behavioral Intervention Support, Advanced Placement and Gifted/Talented.</p>
Administrative Services	<p>Coordination of Programs and Data Input such as Section 504, Student Success Plans, Master Schedules, State Assessments Chairing Committees and Meetings</p>

Annual Calendar

Daily activities throughout the year:

- Individual, small group, and large group counseling with students
- Collaboration with teachers, parents, and other stakeholders
- Consultation with site-based mental health and community services/agencies
- Coordinate student support programs and services

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August

- Finalize schedules
- Open house for students and parents
- New student schedules
- Schedule change requests
- ASU concurrent registration at PHS
- Consultation with students about credits and graduation status
- Register students for ACT
- No-show students
- Begin scheduling college visits
- Naviance

September

- ArkACRAO Articulation Workshop
- Fall Counselors Regional Meeting
- Register students for ACT
- Administer school counseling program needs assessment
- Bridge to College
- Student Success Plans

October

- College Application Month
- P/T conferences
- PSAT
- DAR essays
- College/Career Fair
- Register students for ACT
- UACCB Junior Career Day
- Red Ribbon Week

November

APNA Survey
Register students for ACT
Begin Jostens visits
Armed Forces Day
Schedule Accuplacer
FAFSA IDs

December

UACCB Counselor's Financial Meeting
Concurrent final grades
Schedule changes for 2nd semester
Concurrent registration
FAFSA

January

Staff PD
Register students for ACT
Schedule changes
ASVAB Interpretation
Student Success Plans
Career Fair

February

Accuplacer
ACT Bootcamp
P/T Conferences
Boys/Girls State
ACT teacher training
Register students for ACT
8th Grade careers trip

March

ASUB Vanguard Days
Jr. ACT
ASUB- Heber Junior Career Day
Begin Local Scholarships
ASUB Regional Career Center luncheon

April

ACT Aspire Summative Testing

	Next year registration ASUB Regional Career Center Tour Senior Awards Virtual Arkansas Update
May	Graduation Freshman Round-up Register students for ACT Finalize Senior Transcripts SpEd Annual Reviews Complete Arkansas School Counseling Program Self-Assessment
June	Master Schedule Register students for ACT Student schedules Review data and update school counseling program
July	Student schedules Student meetings



Delivery of Services

Act 190, The School Counseling Improvement Act, states that school counselors shall spend at least ninety percent (90%) of his/her time each month, on student contact days, providing direct and indirect counseling services to students.

Act 190, The School Counseling Improvement Act, states that school counselors shall devote no more than ten percent (10%) of his/her time each, on student contact days, engaging in administrative activities. Examples can be found in the chart below.

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The following Direct, Indirect, and Administrative Service activities are performed by the Pangburn High School Counseling Department.

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<p>Classroom Lessons</p> <p>Limited to forty-five minute class sessions, not to exceed three (3) class sessions per day, and not to exceed ten (10) class sessions per week.</p>	<p>Classroom counseling lessons are age appropriate, based on gaps identified through the school data review, and the associated goals that are created to address those needs. They also address the components of the School Counseling Improvement Act of 2019. The lessons are based on specific competencies in academic, social/emotional and/or career domains which are determined by data derived from needs assessments, surveys, and/or school and district initiatives.</p>	<p>Examples:</p> <ul style="list-style-type: none"> Utilizing career coaches Career Assessments Bullying Prevention Suicide Prevention
<p>Individual and Group Counseling</p>	<p>Small group lessons are based on the same identified gaps in the school and student needs. Follow-up occurs to ensure students are continuing to develop the skills taught in the small group.</p>	<p>Examples:</p> <ul style="list-style-type: none"> Student Success Plan Academic/Attendance Advisement Scheduling

		<p>Concurrent Credit enrollment Credits 101 (9th grade) Support at-risk students</p>
Responsive Services	Responsive Services - Supporting students whose immediate concerns put the student's academic, career, or social and emotional development at risk.	<p>Examples: At-Risk Attendance/Academic Crisis Response Food Assistance Clothing Assistance School Supply Assistance</p>
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Consultation	Consultations occur on behalf of a student. They can include interactions with a parent or legal guardian, school staff, and community agencies concerning a student's behavior/discipline, academics, or attendance.	<p>Examples: Parent-Teacher Conferences School-Based Mental Health Family Services</p>
Referrals	Indirect services include referring a student for School Based Mental Health services, child maltreatment reports, and parent or guardian communications.	<p>Examples: School Based Mental Health FINS Family Services Hotline Reports</p>

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Accountability

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The Pangburn High School Counseling Department reflects on and evaluates our comprehensive counseling program to ensure that we are meeting the needs of our students and are able to identify how our students have changed due to the interventions of the program. Committee members may use the following tools for assessing and sharing results of the comprehensive school counseling program.

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- Use-of-Time calculator
- Feedback from provision of curriculum or programs (participation, Mindsets and Behavior, and outcome results)
- Feedback from small groups such as surveys, participation or process data, and student outcomes
- Surveys from parents, students, community members, and/or educators
- School counseling program self-assessment
- School counselor TESS
- School counselor reflections
- Review of goal setting action plan results

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- Presentations (School, district, parents, other stakeholders)
- Handouts
- Social Media
- Inclusion in school improvement plan
- Data reports
- The following year's Comprehensive School Counseling Plan

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In June 2020, discipline reports from eSchool and counselor notes will be analyzed to set baseline data and adjust/set goals for the 2020/2021 school year. Each semester, data will be reviewed and the counseling department will determine the implications of the data and make recommendations to administrators and staff.

Action plans will be created based on ongoing data. In June 2021, the end of year discipline data results will be summarized and presented to the superintendent and other stakeholders. Counselors and administrators will reflect on progress toward the goal and determine if desired outcomes have been met. New goals and action steps may be set according to this data.

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Prevention
Counseling Groups

Protocol
District Incident Report Form

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Prevention
Individual counseling
Families, Inc. referrals
Unity Health-Courage referrals

Protocol
Crisis Flowchart

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Utilize Career Coaches
Graduation Meetings
Student Success Plans
Internship and Job Shadow Program