



School Information: All grain foods are 50% whole grain to meet USDA regulations. USDA is an equal opportunity provider and employer! Milk with every meal!



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.
***5th-12th have a second entrée choice!**
9th -12th offered pizza every day!



Monday



Tuesday



Wednesday

Thursday

Friday

Mexican chicken
 *round pizza
 Mixed vegetables
 Tossed salad w/ranch
 Orange wedges / Cookie

4

Chicken nuggets
 *Quesadilla
 Sweet potato crunch
 Seasoned green beans
 Strawberry cup

5

Tornados w/cheese toast
 *Cheeseburger
 Baked beans
 Raw vegetable strips w/ranch
 Diced pears

6

Cherry blossom chicken
 *Popcorn shrimp
 Fried rice / Fortune cookie
 Peas & carrots
 Applesauce

7

Grilled chicken sandwich
 *Cheeseburger
 Smiley fries /ketchup
 Carrot & celery stick w/ranch
 let/tom/pickle / Fresh fruit cup

1

Fish sticks
 *Chicken tenders
 Hush puppies/ French fries
 Cole slaw/ pickle wedge
 Tartar sauce / Mixed fruit

8

Hamburger
 *Round pizza
 Mixed vegetables
 Tossed salad w/ranch
 orange wedge / Cookie

11

Chicken fajitas
 *Mini corndogs
 Shredded let/ diced tom/salsa
 Pinto beans
 Orange wedges/ Wacky cake

12

Steak fingers
 *Chicken tenders
 Mashed potatoes w/ gravy
 Tossed salad w/ranch
 Hot roll / Frozen fruit cup

13

Cheesy beefy nachos
 *Pepperoni pizza
 Tossed salad w/ ranch
 Green beans
 Mandarin oranges

14

Deli turkey sandwich
 *Cheeseburger
 Fresh carrots w/ranch dip
 Let/tom/pickle/mayo/must/ketchup
 Baked chips / Fresh fruit cup

15

SPRING BREAK!

18

SPRING BREAK!

19

SPRING BREAK!

20

SPRING BREAK!

21

SPRING BREAK!

22

Chicken sandwich
 *Cheeseburger
 Sweet potato fries
 Lettuce/tom/pickle
 Fresh fruit cup

25

Baked ham/ mac& cheese
 *Pizza cheese crunchers
 Black-eyed peas / cornbread
 Tossed salad w/ ranch
 Frozen fruit cup

26

Mini corndogs
 *Spicy chicken sandwich
 Pinto beans
 Steamed carrots
 Mixed fruit / Cookie

27

Sausage & eggs
 *Popcorn chicken
 Hash browns w/ketchup
 Biscuit w/gravy
 Red bell pepper / Juice

28

Crispito w/ Cheese stick
 *Chicken tenders
 Hot roll / Green beans
 Tossed salad w/ ranch
 Pineapple chunks

29