

April 2019

Type Your School Name Here

BREAKFAST



School Information: All grain foods are 50% whole grain to meet USDA regulations. USDA is an equal opportunity provider and employer! Milk with every meal!



Nutrition Tip: Practice stealth health
Offered every day: Cereal, pop tart, cereal bar, graham cracker.
Milk & Juice provided every day!
*G-N-G Breakfast



Monday

Ham & cheese bar/toast **1**
Raisins
*G-N-G
Ham & cheese bar/ gram
Fresh fruit

Tuesday

Morning sausage roll **2**
Fresh fruit
*G-N-G
Morning sausage roll
Fresh fruit

Wednesday

Breakfast pizza **3**
Banana
*G-N-G
Breakfast pizza
Banana

Thursday

Croissant w/egg & cheese **4**
Diced pears
*G-N-G
Croissant w/ egg, cheese, ham
Fresh fruit

Friday

Pancake sausage stick **5**
Diced peaches
*G-N-G
Pancake sausage stick
Fresh fruit

Mini donuts **8**
Raisins
*G-N-G
Mini donuts
Raisins

Egg, sausage, & toast **9**
Applesauce cup
*G-N-G
Breakfast pizza
Fresh fruit

French toast / syrup **10**
Mixed Fruit
*G-N-G
Breakfast burrito
Fresh fruit

Biscuit & gravy **11**
Fresh fruit
*G-N-G
Sausage, egg, & cheese biscuit
Fresh fruit

Waffle /syrup **12**
Diced peaches
*G-N-G
Donut holes
Fresh fruit

Sausage & biscuit **15**
Raisins
*G-N-G
Sausage, egg, cheese biscuit
Raisins

Dutch waffle **16**
Mixed fruit
*G-N-G
Dutch waffle
Fresh fruit

Super bun **17**
Applesauce cup
*G-N-G
Super bun
Fresh fruit

Ultra chocolate loaf **18**
Diced peaches
*G-N-G
Ultra chocolate loaf
Fresh fruit

NO SCHOOL! **19**

Oatmeal & cin. Toast **22**
Raisins
*G-N-G
Mini chocolate donuts
Raisins

Blueberry muffin **23**
Banana
*G-N-G
Blueberry muffin
Banana

Mini cream cheese bagel **24**
Mandarin oranges
*G-N-G
Mini cream cheese bagel
Fresh fruit

Twin pack sausage & bis. **25**
Diced peaches
*G-N-G
Twin pack sausage & bis.
Fresh fruit

Pancakes / syrup **26**
Applesauce cup
*G-N-G
Breakfast pizza
Fresh fruit

Chocolate chip muffin **29**
Raisins
*G-N-G
Chocolate chip muffin
Raisins

Texas toast, sausage, **30**
eggs, applesauce
*G-N-G
Tornados w/sausage & egg
Fresh fruit

