



School Information: All grain foods are 50% whole grain to meet USDA regulations. USDA is an equal opportunity provider and employer! Milk with every meal!



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.
 *5th-12th have a second entrée choice!
 9th-12th have a third entrée choice of pizza every day!



Monday



Tuesday

Wednesday

Thursday

Friday

1

No school!

Corndogs **4**
 *[Breaded Chicken Sandwich](#)
 Pinto beans
 Corn on cob
 Mixed fruit

Stromboli **5**
 *[Chicken drummies/roll](#)
 Green beans
 Steamed carrots
 Apple wedges w/Carmel

Popcorn chicken w/roll **6**
 *[Pepperoni pizza](#)
 Steamed broccoli w/cheese
 Tossed salad w/ranch
 Diced pears

Veg. beef soup /crackers **7**
 *[Chicken nuggets](#)
 Cinnamon roll / cheese toast
 Raw Veg. strips w/ranch cup
 Frozen fruit cup

* Hotdog **8**
 *[Hamburger](#)
 Emoji fries
 Coleslaw
 Fresh fruit cup

Chicken sandwich **11**
 *[Cheeseburger](#)
 Sweet potato fries
 fresh fruit cup
 Let/tom/pickle

Baked ham/Mac & cheese **12**
 *[Pizza cheese crunchers](#)
 Black eyed peas/ cornbread
 Tossed salad w/ranch
 Frozen fruit cup

Mini corndogs **13**
 *[Spicy chicken sandwich](#)
 Pinto beans / Steamed carrots
 Mixed fruit
 Chocolate chip cookie

Crispito w/ string cheese **14**
 *[Chicken tenders](#)
 Heart shaped pretzel & cookie
 Valentine frozen fruit cup
 Green beans / Salad w/ranch

Sausage / eggs **15**
 *[Popcorn chicken](#)
 Hash browns / ketchup
 Biscuit / jelly
 Red bell pepper strips/juice

Chicken tenders **18**
 *[Crispito w/ cheese stick](#)
 Hot roll
 FF-k-8th/ Baked potato 9-12th
 Seasoned carrots / Fresh grapes

Pepperoni pizza **19**
 *[Chicken nuggets](#)
 Tossed salad w/ ranch
 Mixed vegetables
 Fresh fruit cup

Beef tacos w/ cheese **20**
 *[Mini corndogs](#)
 Refried beans
 shredded let/tom/salsa
 Frozen fruit cup/ Cookie

Pizza cheese crunchers/mar **21**
 *[BBQ sandwich](#)
 Seasoned corn
 Coleslaw
 Diced peaches

Chicken alfredo w/roll **22**
 *[Deli turkey sandwich](#)
 Green beans
 Tossed salad w/ ranch
 Pineapple chunks

Sausage pizza **25**
 *[Cheese sticks w/marinara](#)
 Mixed vegetables
 Tossed salad w/ranch
 Apple wedge w/Carmel

Chicken drummies w/roll **26**
 *[Pizza cheese crunchers/ marina](#)
 Sweet potato crunch
 Seasoned green beans
 Strawberries & bananas

Crispito w/cheese toast **27**
 *[Pizza stick](#)
 Pinto beans
 raw veg. strips w/ranch cup
 Diced pears

Spaghetti w/meat sauce **28**
 *[Popcorn chicken](#)
 Hot roll
 Seasoned corn
 Fresh fruit cup

