



PANGBURN



OCTOBER BREAKFAST 2018

Monday	TUESDAY	Wednesday	Thursday	Friday
1 Ham & cheese bar Toast Raisins Juice	2 Morning sausage roll Fresh fruit Juice	3 Breakfast pizza Banana Juice	4 Croissant with egg & cheese Diced pears Juice	5 Celebrate world smile Day! Pancake sausage on a stick Syrup /Juice Diced peaches
8 Sausage & biscuit Raisins Juice	9 Dutch waffles Diced pears Juice	10 Super bun Applesauce Juice	11 Ultra bread slice Fresh fruit Juice	12 Mini powdered donuts Fresh fruit Juice
15 Oatmeal Cinnamon & sugar Toast Raisins / Juice	16 Blueberry muffin Banana Juice	17 Cream cheese bagel Mixed fruit Juice	18 Twin pack sausage & biscuit Diced peaches /Juice	19 Pancake w/syrup Applesauce Juice
22 Mini chocolate donuts Raisins Juice	23 Egg, toast, & sausage Applesauce Juice	24 French toast sticks Syrup Fresh fruit /juice	25 Biscuit & gravy Fresh fruit Juice	26 Waffles /syrup Diced pears Juice
29 Chocolate chip muffin Raisins Juice	30 Texas toast, sausage link Scrambled eggs Applesauce Juice	31 Boo berry splash mini Pancakes /syrup Diced peach parts Juice		
		Milk with every meal!		

All grain foods are 50% whole grain to meet USDA regulations.

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER!