

PANGBURN SCHOOL



ATHLETIC HANDBOOK

2014-2015

INTRODUCTION

The Pangburn School Athletics Handbook is a reference guide for coaches, student-athletes and parents concerning the policies that govern interscholastic athletics at Pangburn School.

Sound reasoning, good judgment, and adherence to the school's core values will be the standard by which situations outside these stated rules and regulations are determined and evaluated.

Athletics is a voluntary program. Students are not obligated to participate and participation is not required for graduation. Thus, competition in high school athletics is a privilege and not a right. Accompanying this privilege is the responsibility to conform to standards established for the high school athletic program. This privilege may be revoked if the athlete fails or refuses to comply with the rules.

PHILOSOPHY

The Athletic Department is an integral part of the total educational process of The Pangburn School District. Being involved in athletics provides the student with opportunities to learn skills, good sportsmanship, develop leadership skills and learn the ideals of fair play and ethical behavior that are necessary for competition and cooperation in our society. It should also provide our students with the unique opportunities for self-discipline, self-sacrifice, and loyalty to the students to participate in athletics by offering a well-rounded program of interscholastic athletics for young men and women.

SPORTSMANSHIP ADVANCEMENT POLICY

We, the Pangburn School Board of Education and Administration, believing that athletic competition with sportsmanship builds positive character traits in our student body, do establish the following policies and procedures to help promote and encourage positive sportsmanship behavior. We establish these policies and procedures and expect strong support from our administration, coaches, students, school employees, parents and patrons of our school district and community. To promote positive sportsmanship behavior at all school sponsored activities, we the Pangburn Board of Education establish the following Policies and Procedures.

VERBAL ABUSE

In the event that a person or persons, in the course of a school sponsored event or on the school property, uses bad language (cursing or vulgarities), the School Board reserves the right to suspend said person or persons up to, but not limited to, one year from all school sponsored activities as well as from school property. In the event that a person or persons direct bad language toward a referee or school official, then the suspension will be upheld and the person or persons will be prosecuted to the full extent of the law.

If a person or persons are ejected from the game for such activities, then additional time or punishments may be added at the School Board and Administration's discretion.

In the event that a person or persons makes a verbal threat toward a referee, school-official or other fan or guest, then that person or persons will be subject to a minimum of one year suspension for all school activities and said suspension can range in length up to and including a life-time suspension, depending on the severity of incident and the School Board's discretion.

PHYSICAL ABUSE

In the event that a person or persons enter the field of play, court area or any restricted area during a school activity, then the person or persons will be

deemed guilty of physical misconduct and trespassing. These person or persons will be subject to, but not limited to a one year suspension, depending on severity of incident and the School Board's discretion.

In the event that a person or persons makes physical contact with a referee, umpire, school official, coach, student or other fan, they will be subject to no less than a one year suspension and said suspension can range to a life-time suspension, dependent on the severity of incident and the School Board's discretion. The person or persons will also be prosecuted to the full extent of the law in such matters.

In the event that a person or persons brings a weapon of any type on school grounds, that person or persons will be subject to a life-time ban from all school activities and school property. The person or persons will be prosecuted to the fullest extension of the law.

AUTHORITY

The Pangburn School Board and Administration reserve all rights of determination of activities, violations and suspensions.

Any person deemed guilty of verbal or physical abuse has the right of appeal. The accused person or persons will make arrangements to appear before the School Board at the School Board's convenience. The accused will contact the Superintendent and ask to be put on the upcoming agenda. The review will not be automatic and it will be the accused party's responsibility to make the appropriate arrangements.

ATHLETIC DEPARTMENT INFORMATION, EXPECTATIONS AND POLICIES

ACADEMIC ELIGIBILITY

As stated under the AAA(Arkansas Activities Association) handbook, the rules to be academically eligible are as follows:

Jr. High (Grades 7-9):

---- A student has six semesters of opportunity for eligibility. A student repeating either the seventh or eighth grade for any reason shall not have the opportunity for eligibility during the complete year that is repeated. (Article III; Section 1; Rule 6:A)

----A student promoted from the sixth to the seventh grade automatically meets the academic eligibility requirements. A student promoted from the seventh to the eighth grade automatically meets the academic eligibility requirements for the first semester. The second semester eighth grade student and the first semester ninth grade student meet the academic eligibility requirements for junior high by successfully passing four (4) academic courses the previous semester, three of which shall be in the core curriculum areas as specified by the Arkansas Department of Education's Standards for Accreditation of Arkansas Public Schools. First semester ninth grade students must pass four academic classes to be eligible second semester of the ninth grade. (Article III; Section 1; Rule 10A)

Sr. High (Grades 10-12):

----A student has six semesters of opportunity of eligibility from grades ten-twelve. (Article III; Section 1; Rule 6:B)

----Ninth grade students must meet senior high academic eligibility by the end of the second semester in order to be eligible to participate the fall of their tenth grade year. Students who have finished two semesters of the ninth grade must follow all senior high academic requirements. (Article III; Section 1; Rule 10:A)

----The requirements for senior high eligibility shall include: 1)passing four academic courses; AND 2)a minimum GPA of 2.0 based on the previous semester. (Article III; Section 1; Rule 10B)

FAILURE TO MEET ACADEMIC REQUIREMENTS

Jr. High

--Inability to compete/participate on team.

--Inability to travel with team.

--Inability to participate with team in any activities outside of school day.

Sr. High

Same as Jr. High UNLESS the student is enrolled in the Supplemental Instructional Program (SIP)

Supplemental Instructional Program (SIP)

--To participate in interscholastic competition, students passing four academic courses, but failing to meet the 2.0 GPA requirements be enrolled in and attending 100 minutes per week SIP meeting that has established criteria by Pangburn Schools and approved by the Arkansas Activities Association.

--Rules for SIP:

---attend 100 minutes per week SIP meetings

---If the during the first semester of SIP the student meets the stated requirement (2.0) at the end of that semester, he/she becomes fully eligible again, or if not, he/she meet needs to meet the requirement to remain in the SIP one additional semester. (To continue an additional semester, the student must show improvement of at least one tenth of one point in his/her GPA after the first semester of participation in the program, as well as passed four academic courses.)Maximum SIP participation is two consecutive semesters.

---No unexcused absences

---No school disciplinary action during the current semester (no type of suspensions)

---No known felony convictions

HEALTH ELIGIBILITY

All students must present a physical examination each school year from grades 7-12 in order to assure that they have been examined by a doctor or nurse practitioner. This is to clear the individual to practice, as well as for competition. (Any note signed by a physician or physician's assistant stating the athlete is cleared for practice/competition will be accepted.)

TRANSPORTATION

ALL members are expected to ride with the team to games on the athletic bus. The bus will take all members to the game and back to the school after the contest. Parents or Grandparents may sign their child out to ride with them home from the game. To do so, the parent must see their child's coach and place his/her signature by the child's name on the Sign Out sheet for that game.

PROOF OF INSURANCE

Every participant must have a proof of Insurance form filled out and signed by a parent. **(Form A)**

SAFETY

ACCIDENTS/INJURY

All coaches carry medical forms for all players at practices and contests. Coaches are trained in First Aid, CPR, and AED. AAA has developed a Concussion Fact Sheet for Athletes and Parents. Every athlete and parent must sign to acknowledge they have seen the AAA Concussion in Sports Fact Sheet. **(Form B)**. If an accident or injury occurs, the coaches will call the parent. If the injury is serious the coach will call 911 and the parent.

ILLEGAL AND PERFORMANCE ENHANCING SUBSTANCES

All participants are subject to a random drug test as stated and explained in the Student Handbook.

GENERAL INFORMATION AND GUIDELINES FOR STUDENT-ATHLETES

Athletes Responsibility to Academics

Academics must be a top priority! The athletic and administration staff of Pangburn School realizes that even though every effort to eliminate missing classes for athletic events is made, some events cannot be helped. Therefore, athletes should make an effort to be in attendance in all classes every day.

Absences should be valid and legitimate.

All work missed must be made-up according to the classroom teacher's policy. It is the athlete's responsibility to request work from the teacher and complete it within the specified time frame.

Attendance

Students are expected to be in daily attendance at school before being allowed to play in a contest on the same day. Exceptions will be made only for legitimate reasons with documentation (doctor or dental appointments, court appearances, death in the family, etc.) The principal must approve all exceptions.

Expectations of Behavior

Athletes are expected to show good sportsmanship, honesty, respect, and integrity toward fellow players, coaches, teachers, administrators, staff, opponents, and officials. Profanity and abusive language or behavior is not to be tolerated. Student-athletes are ambassadors of the school and should be positive role models for the younger athletes in the community.

In-School Suspension/Out-of School Suspension

If any athlete is assigned ISS or OSS, that athlete cannot participate in practice and/or games during the suspension period. The athlete cannot travel with the team or attend the event.

Practices

Coaches will have regular practices for their sport. Coaches may set practice times after school and/or while school is not in session.

All coaches will abide by and respect the AAA mandated “Dead Weeks”. These usually occur toward the end of June and/or the first part of July. These weeks are set by AAA. During this time, no practices will be held, nor will any facilities be used or open.

Team

Athletes are members of a team. As a member of a team, athletes have an obligation and commitment to the team. The choices and decisions of each athlete will reflect on the team as a whole.

Uniforms and Equipment

Athletes are issued uniforms and equipment for each team. All must be returned promptly to the head coach after the last game. A student can be charged for the replacement cost and grades will not be released until all obligations are met.

Checklist---Forms to Be Turned to Coach

_____ Physical (Form signed by a Doctor)

_____ Insurance Form (Form A)

_____ Concussion Fact Sheet for Athletes & Parents (Form B)

_____ Emergency Information (Form C)

_____ Athletic Handbook-Acknowledgment Form (Form D)

Form B

By signing below, I acknowledge that I have received and reviewed the attached AAA Concussion in Sports Fact Sheet for Athletes and Parents. I also acknowledge and understand the risks of brain injuries associated with participation in school athletic activity.

Athlete's Signature _____

Athlete's Print Name _____

Date _____

Parent/Guardian Signature _____

Parent/Guardian Print Name _____

Date _____

Form C

**Pangburn School
Athletic Department**

Emergency Information

Sport(s) _____ Date _____

Name _____ Birthdate _____ Gender _____

Address _____

Parent/Guardian _____ Home Phone _____

Father's Work Phone _____ Cell Phone _____

Mother's Work Phone _____ Cell Phone _____

Family Physician _____ Phone # _____

Family Dentist _____ Phone # _____

Medical Conditions _____

Allergies _____

Present Medications _____

Emergency Contact/phone # (if parent/guardian can't be reached) _____

Permission to administer: Tylenol—Y or N; Ibuprofen—Y or N

PARENTAL PERMISSION

I hereby give permission for my son/daughter _____
to participate in _____ (sport/sports) for the 2014-2015 school year. In the
event of a medical emergency or illness, I hereby authorize Pangburn Schools to provide first
aid, and request if necessary, emergency treatment and transportation to a hospital.

Signature of parent/guardian _____ Relationship _____

Form D

**Pangburn School
Athletic Handbook
Acknowledgment Form**

It is the responsibility of the parents and students to read the Pangburn Athletic Handbook prior to participating in our athletic program. The information contained in this handbook outlines the Policies, Rules and Regulations that govern our program. The school district requires that the parent and student-athlete sign this Acknowledgment Form and return it to the coach as soon as possible. By signing this form, it simply states that the parents and student-athletes have read and understand these rules. It, in no way, states whether either party agrees or disagrees with the policies, but that these are the rules that must be followed.

No Student-Athlete will be allowed to participate until this form is returned.

We have read the Pangburn Athletic Handbook and understand the Policies, Rules, and Regulations that govern the program.

Printed Name of Athlete _____

Student-Athlete Signature _____

Date _____

Parent/Guardian Signature _____

Date _____