



PANGBURN



OCTOBER 2nd LINE LUNCH 2017

Monday	TUESDAY	Wednesday	Thursday	Friday
<p>2 <u>Breaded chicken sand.</u> Smiley fries Lett/tom/pickle Mayo/must/ketchup Diced pears</p>	<p>3 <u>French bread pizza</u> Tossed salad w/ranch Pinto beans Orange smiles Applesauce cake</p>	<p>4 <u>Chicken tenders/roll</u> Mashed potatoes & gravy Black eyed peas Tossed salad w/ranch Frozen fruit cup</p>	<p>5 <u>Pepperoni pizza</u> Seasoned green beans Tossed salad w/ranch Fresh fruit</p>	<p>6 <u>Hamburger</u> Lett/tom/pickle Fresh carrots/ranch Fresh fruit cup/Sun chips Mayo/mustard/ketchup</p>
<p>9 <u>Cheeseburger</u> Sweet potato waffle fries Let/tom/pickle Mayo/must/pickle Fresh fruit cup</p>	<p>10 <u>Pepperoni pizza pockets</u> Cornbread Black eyed peas Frozen fruit cup</p>	<p>11 <u>Spicy chicken sandwich</u> Pinto beans Cooked carrots Fruit cocktail Cookie</p>	<p>12 <u>Popcorn chicken</u> Biscuit & gravy Hash brown Juice / red bell pepper</p>	<p>13 <u>Asian chicken</u> Cheese toast Tossed salad w/ranch Seasoned Green beans Applesauce</p>
<p>16 <u>Chicken sandwich</u> Corn on a cob Black eyed peas Fruit cocktail</p>	<p>17 <u>Steak fingers w gravy</u> Green beans , hot roll Seasoned carrots Apple slices w/ Carmel</p>	<p>18 <u>Crispitow/ string cheese</u> Broccoli w/ cheese sauce Tossed salad w/ranch Diced peaches</p>	<p>19 <u>Pepperoni pizza</u> Cinnamon roll Raw vegetable strips Frozen fruit cup</p>	<p>20 <u>Hamburger</u> French fries /Cole slaw Fresh fruit cup Rice Krispy treat</p>
<p>23 <u>Crispito /string cheese</u> FF elem./Baked potato HS Seasoned carrots/hot roll Red & green grapes</p>	<p>24 <u>Chicken nuggets/ bread</u> Tossed salad w/ranch Mixed vegetables Fresh fruit cup</p>	<p>25 <u>Mini corndogs</u> Lett/tom/salsa Refried beans Frozen fruit cup/cookie</p>	<p>26 <u>BBQ sandwich</u> Marinna sauce Pinto beans Cole slaw/ peaches</p>	<p>27 <u>Deli turkey sandwich</u> Seasoned green beans Salad w/ranch Applesauce cup</p>
<p>30 <u>Cheese sticks w/ marinara</u> Steamed mix vegetables Tossed salad w/ranch Apple wedges w/Carmel Cookie</p>	<p>31 <u>Pizza cheese fingers</u> Wormy sweet potato crunch Raw finger rolls Gross green beans Strawberry & banana brains</p>			
MILK EVERYDAY WITH MEAL				

All grain foods are 50% whole grain to meet USDA regulations.

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