



PANGBURN



OCTOBER LUNCH 2017

Monday	TUESDAY	Wednesday	Thursday	Friday
2 Hamburger Smiley fries Lett/tom/pickle Mayo/must/ketchup Diced pears	3 Chicken fajita /cheese Lettuce/tom/salsa Pinto beans Orange smiles Applesauce cake	4 Steak fingers w/roll Mashed potatoes & gravy Black eyed peas Tossed salad w/ranch Frozen fruit cup	5 Cheesy beefy nachos Seasoned green beans Tossed salad w/ranch Fresh fruit	6 Deli turkey sandwich Let/tom/pickle Fresh carrots/ranch Fresh fruit cup/Sun chips Mayo/mustard/ketchup
9 Breaded chicken sandwich Sweet potato waffle fries Let/tom/pickle Mayo/must/pickle Fresh fruit cup	10 Baked ham Mac & cheese Tossed salad/ranch Cornbread Black eyed peas Frozen fruit cup	11 Mini corndogs Pinto beans Cooked carrots Fruit cocktail Cookie	12 "breakfast for lunch" Sausage Scrambled eggs Biscuit & gravy Hash brown Juice / red bell pepper	13 Crispito /string cheese Hot roll Tossed salad w/ranch Seasoned Green beans Applesauce
16 Corndog w/mustard Corn on a cob Black eyed peas Fruit cocktail	17 Stromboli Green beans Seasoned carrots Apple slices w/ Carmel	18 Popcorn chicken/roll Broccoli w/ cheese sauce Tossed salad w/ranch Diced peaches	19 Chili w/crackers Cinnamon roll Raw vegetable strips Frozen fruit cup	20 Hotdog /Relish/ mustard French fries /Cole slaw Fresh fruit cup Rice Krispy treat
23 Chicken tenders w/sauce FF elem. Baked potato HS Seasoned carrots Red & green grapes	24 Pepperoni pizza Tossed salad w/ranch Mixed vegetables Fresh fruit cup	25 Beef tacos w/cheese Let/tom/salsa Refried beans Frozen fruit cup/cookie	26 Pizza cheese crunchers Marinna sauce Seasoned corn Cole slaw/ peaches	27 Chicken alfredo/Hot rolls Seasoned green beans Salad w/ranch Applesauce cup
30 Sausage pizza Steamed mix vegetables Tossed salad / ranch Apple wedges/Carmel cookie	31 Mummy chicken drummies Wormy sweet potato crunch Raw finger rolls Gross green beans Strawberry & banana brains			
MILK EVERYDAY WITH MEAL				

All grain foods are 50% whole grain to meet USDA regulations.

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER!